

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2025 Lakeside Assisted Living

Additions, and Time Adjustments are Unavoidable to this Calendar. When Activities are not scheduled, independent and one on one opportunities are available. Activities are held in the Activity Room unless otherwise specified. Please Contact the **Life Enrichment Team: (803) 451-7447** if you have any question or concerns.

			10:00am Goodmorning, Sunshine 1 10:15am Bible stories with Jim Reed (Non-Denominational) 2:15pm New Year Coloring Corner <b>HAPPY NEW YEAR LAKESIDE!</b>	10:15am Thankful Thursday 2 10:45am Yoga with Catherine 2:00pm Snack Social <b>1:30pm Music with Jim Koltuniak</b> 4:00pm Inflatable Bowling	10:00am Morning Mingle with Music 3 10:15am This Day in History (Daily Chronicles) 11:15am Chair Yoga with Catherine 1:00pm Blank Slate 3:00pm Snack & Chat	10:00am Stories with Life Enrichment 4 11:00am Move and Groove Leisure, Sensory, and independent activities are available in all common areas and Day Rooms
9:00am Sunday Morning News 5 9:30am Sunday Devotional Music 1:30pm ELCA Sunday worship with Rev.Sue	10:00am This Day in History (Daily Chronicles) 6 10:15am Tai Chi with Kevin 1:30pm Monday Movie Matinee 3:30pm Monday Manicures with Music	10:00am Music with Ms. Viriginia 7 11:15am Chair Yoga with Catherine 3:00pm BINGO 4:00pm Movie Matinee: Free Byrd	10:00am Goodmorning, Sunshine 8 10:15am Bible stories with Jim Reed (Non-Denominational) 2:15pm Crafting Corner: 4:00pm BINGO	10:15am This Day in History 9 10:30am Tai Chi with Kevin 1:30pm Noodle Aerobics 4:00pm Try not to laugh Jokes with Life Enrichment	10:00am Morning Mingle with Music 10 10:15am This Day in History (Daily Chronicles) 11:15am Chair Yoga with Catherine 1:30pm Bob Michalski 3:00pm Snack & Chat	10:00am Stories with Life Enrichment 11 11:00am Move and Groove Leisure, Sensory, and independent activities are available in all common areas and Day Rooms
9:00am Sunday Morning News 12 9:30am Sunday Devotional Music 1:30pm ELCA Sunday worship with Rev.Sue	10:00am This Day in History (Daily Chronicles) 13 10:15am Tai Chi with Kevin 1:30pm Monday Movie Matinee 3:30pm Monday Manicures with Music	10:00am Music with Ms. Viriginia 14 11:15am Chair Yoga with Catherine 1:00pm Virtual concert: Andre Rieu <b>2:30pm Tea Party at Haltiwanger 2nd Floor</b>	10:00am Goodmorning, Sunshine 15 10:15am Bible stories with Jim Reed (Non-Denominational) <b>1:30pm Resident's Council</b> 4:00pm Holiday Mocktail	10:15am Morning Music 16 10:45am Yoga with Catherine 2:00pm BINGO 2:30pm Mock-Tail & Social Hour	10:00am Morning Mingle with Music 17 10:15am This Day in History (Daily Chronicles) 11:15am Chair Yoga with Catherine <b>1:30pm Mystery Ride</b> 3:00pm Snack & Chat	10:00am Stories with Life Enrichment 18 11:00am Move and Groove Leisure, Sensory, and independent activities are available in all common areas and Day Rooms
9:00am Sunday Morning News 19 9:30am Sunday Devotional Music	10:00am This Day in History (Daily Chronicles) 20 10:15am Tai Chi with Kevin 1:30pm Monday Movie Matinee 3:30pm Monday Manicures with Music	10:00am Music with Ms. Viriginia 21 11:15am Chair Yoga with Catherine 1:00pm Noodle Fitness 2:30pm Snack and Social & Mocktail	10:00am Goodmorning, Sunshine 22 10:15am Bible stories with Jim Reed (Non-Denominational) 1:30pm Music and Mocktail 4:00pm BINGO	10:15am Morning Music 23 10:45am Yoga with Catherine 2:00pm Crafting Corner 2:30pm Mock-Tail & Social Hour	10:00am Morning Mingle with Music 24 10:15am This Day in History (Daily Chronicles) 11:15am Chair Yoga with Catherine 1:30pm Bob Michalski 3:00pm Snack & Chat	10:00am Stories with Life Enrichment 25 11:00am Move and Groove Leisure, Sensory, and independent activities are available in all common areas and Day Rooms
9:00am Sunday Morning News 26 9:30am Sunday Devotional Music	10:00am This Day in History (Daily Chronicles) 27 10:15am Tai Chi with Kevin 1:30pm Monday Movie Matinee 3:30pm Monday Manicures with Music	9:15 am Good Morning, Sunshine Visits 28 9:30 am This Day in History (Daily Chronicles) 10 am Music with Virginia <b>2:30pm Mock-Tail Kareoke with Wellness</b>	10:00am Goodmorning, Sunshine 29 10:15am Bible stories with Jim Reed (Non-Denominational) 1:30pm Dolly Parton Live 4:00pm BINGO	10:15am Morning Music 30 10:45am Yoga with Catherine 2:00pm BINGO 2:30pm Mock-Tail & Social Hour	10:00am Morning Mingle with Music 31 10:15am This Day in History (Daily Chronicles) 11:15am Chair Yoga with Catherine 1:30pm Bob Michalski 3:00pm Snack & Chat	10:00am Stories with Life Enrichment 11:00am Move and Groove Leisure, Sensory, and independent activities are available in all common areas and Day Rooms