

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00am Morning Sunday Music 1</p> <p>11:15am Worship Service with Pastor Sue Johnson HCC (Living word chapel)</p> <p>1:00pm Independent Leisure Hallmark Movie (main Activities Room)</p>	<p>10:30am Move and Groove with Ernie 2</p> <p>2:15pm Movie Matinee</p> <p>4:00pm Outburst Game</p> <p>5:00pm Board Games &amp; Social Hour (Unit Day Room)</p>	<p>10:00am Moment of Prayer 3</p> <p>10:30am Bible Stories with Jim Reed (Non-Denominational)</p> <p>2:30pm Piano Music with Jim Koltuniak</p> <p>4:00pm Don't Say it Game *Holiday Fun</p>	<p>10:15am Daily Chronicles &amp; Coffee 4</p> <p>10:30am Tai Chi with Kevin</p> <p>2:30pm Holiday BINGO</p> <p>4:00pm Holiday Music Mania Social</p>	<p>10:15am Thankful Thursday 5</p> <p>10:45am Yoga with Catherine</p> <p>2:00pm Tricky Trivia</p> <p>2:00pm Concert and Social with WINGS</p> <p>4:00pm Saran Wrap Ball Game</p>	<p>10:15am Morning Meditation 6</p> <p>10:30am Virtual Bible Stories with Jim Reed (Non-Denominational)</p> <p>2:15pm Holiday Bingo</p> <p>3:15pm Bucket Ball</p> <p>4:15pm Social Hour and Music</p>	<p>10:00am Story Time with Henry Vander Voort 7</p> <p>11:00am Move and Groove with Ernie</p> <p>Saturday Afternoon Brain Games Challenge</p>
<p>10:00am Morning Sunday Music 8</p> <p>11:15am Worship Service with Pastor Sue Johnson HCC (Living word chapel)</p> <p>1:00pm Independent Leisure Hallmark Movie (main Activities Room)</p>	<p>10:00am Mindful Monday Affirmations 9</p> <p>10:00am Chapin Chirpers</p> <p>2:15pm Monday Manicures</p> <p>4:00pm Name that Tune Holiday Music</p>	<p>10:00am Moment of Prayer 10</p> <p>10:30am Bible Stories with Jim Reed (Non-Denominational)</p> <p>1:30pm Minute to Win It</p> <p>2:30pm Music with Tony Washington</p> <p>4:00pm Mocktail &amp; Social Hour</p>	<p>10:15am Daily Chronicles &amp; Coffee 11</p> <p>10:30am Tai Chi with Kevin</p> <p>2:30pm Gingerbread Decoration</p> <p>3:00pm Mocktail &amp; Social Hour</p>	<p>10:15am Thankful Thursday 12</p> <p>10:45am Yoga with Catherine</p> <p>2:30pm Music with Chuck Gee</p> <p>4:00pm A Very Vintage Christmas Movie</p>	<p>10:00am Santa Gifting 13</p> <p>2:30pm Virtual Concert with Andre Rieu</p> <p>3:30pm Crafting Corner</p> <p>4:15pm Social Hour and Music</p>	<p>10:00am Story Time with Henry Vander Voort 14</p> <p>11:00am Move and Groove with Ernie</p> <p>Saturday Afternoon Brain Games</p> <p>Leisure, Sensory, and independent activities are available in all common areas and Day Rooms</p>
<p>10:00am Morning Sunday Music 15</p> <p>11:15am Worship Service with Pastor Sue Johnson HCC (Living word chapel)</p> <p>1:00pm Independent Leisure Board Games</p> <p>4:00pm White Rock Baptist Carolers (Hall to Hall)</p>	<p>10:00am Mindful Monday Affirmations 16</p> <p>10:30am Move &amp; Groove with Ernie</p> <p>2:15pm Monday Manicures</p> <p>4:00pm Christmas Jeopardy</p>	<p>10:30am Bible Stories with Jim Reed (Non-Denominational) 17</p> <p>1:30pm Short film &amp; Mocktail</p> <p>2:30pm RESIDENTS COUNCIL</p> <p>4:00pm Music and Hot Chocolate social</p>	<p>10:15am Daily Chronicles &amp; Coffee 18</p> <p>10:30am Tai Chi with Kevin</p> <p>2:30pm Holiday Jeopardy</p> <p>3:00pm Mocktail &amp; Social Hour</p>	<p>10:15am Thankful Thursday 19</p> <p>10:45am Yoga with Catherine</p> <p>2:30pm Candy Cane Fishing</p> <p>4:00pm Music Matinee and Mocktail</p>	<p>10:15am Morning Meditation 20</p> <p>10:30am Bible Stories with Jim Reed (Non-Denominational)</p> <p>2:30pm Music with Bob Michalski</p> <p>3:30pm Karaoke with the Claus</p>	<p>10:00am Story Time with Henry Vander Voort 21</p> <p>11:00am Move and Groove with Ernie</p> <p>Saturday Afternoon Brain Games</p> <p>Leisure, Sensory, and independent activities are available in all common areas and Day Rooms</p>
<p>10:00am Morning Sunday Music 22</p> <p>11:15am Worship Service with Pastor Sue Johnson HCC (Living word chapel)</p> <p>1:00pm Independent Leisure Hallmark Movie (main Activities Room)</p> <p>3:00pm BINGO with White Rock</p>	<p>10:00am Mindful Monday Affirmations 23</p> <p>10:30am Move &amp; Groove with Ernie</p> <p>2:30pm Resident's Christmas party</p> <p>4:00pm Christmas Hallmark Movie</p>	<p>10:30am Bible Stories with Jim Reed (non-Denominational) 24</p> <p>2:30pm Christmas Eve Worship Service with Pastor Sue Johnson HCC (Living word chapel)</p> <p>4:00pm Christmas Blank Slate</p>	<p>10:00am This Day in History 25</p> <p>10:15am Christmas BINGO</p> <p>12:00pm Christmas Movie: Dolly Parton in: A Smokey Mountain Movie</p>	<p>10:15am Thankful Thursday 26</p> <p>10:45am Yoga with Catherine</p> <p>2:30pm BINGO</p> <p>4:00pm AFV funny Animals</p> <p>5:00pm Dinner and A Movie (Unit Dayroom)</p>	<p>10:15am This Day in History 27</p> <p>10:30am Bible Stories with Jim Reed</p> <p>2:30pm Craft Corner: New Year Banner Making</p> <p>3:30pm Snack Social and Live Concert (Virtual)</p>	<p>10:00am Story Time with Henry Vander Voort 28</p> <p>11:00am Move and Groove with Ernie</p> <p>Saturday Afternoon Brain Games</p> <p>Leisure, Sensory, and independent activities are available in all common areas and Day Rooms</p>
<p>10:00am Morning Sunday Music 29</p> <p>11:15am Worship Service with Pastor Sue Johnson HCC (Living word chapel)</p> <p>1:00pm Independent Leisure Board Games</p>	<p>10:00am Mindful Monday Affirmations 30</p> <p>10:30am Move &amp; Groove with Ernie</p> <p>2:15pm Monday Manicures</p> <p>4:00pm Name that Tune Holiday Music</p>	<p>10:30am Bible Stories with Jim Reed (non-Denominational) 31</p> <p>2:30pm - 4:00pm Residents New Year's Eve Party In wellness Center &amp; Activities Room</p>	<p><b>December 2024</b></p> <p><b>Skilled Nursing &amp; Rehabilitation at the heritage at Lowman</b></p> <p>Additions, and Time Adjustments are Unavoidable to this Calendar. When Activities are not scheduled, independent and one on one opportunities are available. Activities are held in the Activity Room unless otherwise specified. Please Contact the Life Enrichment Team: (803) 451-7447 if you have any question or concerns.</p>			