

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

### MARCH 2025

## Skilled Nursing & Rehabilitation at the Heritage at Lowman

Additions, and Time Adjustments are Unavoidable to this Calendar. When Activities are not scheduled, independent and one on one opportunities are available. Activities are held in the Activity Room unless otherwise specified. Please Contact the Life Enrichment Team: (803) 451-7447 if you have any question or concerns.

						10:30am Saturday Cartoon & Coffee* The Flintstones <sup>1</sup>
						11:15am Saturday Symphony & Stretch
10:30am Morning Sunday Music <sup>2</sup> 11:15am Worship Service HCC (Living word chapel) 1:00pm Independent Leisure Activities	10:30am Morning Move and Groove Life Enrichment <sup>3</sup> 2:15pm Monday Manicures & Music 4:00pm BIG OL BOWLNG <b>National I want you to be happy day</b>	10:30am Bible Stories with Jim Reed (non-Denominational) <sup>4</sup> <b>2:30pm Mardi Gras Jeopardy</b> 4:00pm March Spelling Bee	10:15am Story Time with Henry Vandor-Voort <sup>5</sup> 10:30am Tai Chi with Kevin 2:30pm Ash Wednesday Service * Imposition of ashes	10:15am Woman's Month History <sup>6</sup> 10:30am Chair Yoga with Catherine <b>2:30pm BINGO</b> 3:30pm Snacks & Mocktails	10:15am Morning Meditation <sup>7</sup> 10:30am Bible Stories with Jim Reed (Non-Denominational) 2:30pm Virtual Live Concert: Elton John <b>National Employee Appreciation Day</b>	10:30am Saturday Morning Movie * Amazing Gracie <sup>8</sup> 11:15am Saturday Symphony & Stretch
10:30am Morning Sunday Music <sup>9</sup> 11:15am Worship Service HCC (Living word chapel) 1:00pm Independent Leisure Activities <b>Today is National Barbie Day</b>	10:30am Morning Move and Groove Life Enrichment <sup>10</sup> 2:15pm Monday Manicures & Music 4:00pm Outburst Game	10:30am Bible Stories with Jim Reed (non-Denominational) <sup>11</sup> 2:30pm Music with Tony Washington 4:00pm Woman's Month History	10:15am Story Time with Henry Vandor-Voort <sup>12</sup> 10:30am Tai Chi with Kevin 2:30pm Love Day Jeopardy 3:00pm Mocktail & Social Hour	10:15am Woman's Month History <sup>13</sup> 10:30am Chair Yoga with Catherine <b>2:30pm Live Music with Chuck Gee</b>	10:15am Morning Meditation <sup>14</sup> 10:30am Bible Stories with Jim Reed (Non-Denominational) <b>2:30pm March Birthday Jamboree</b>	10:30am Saturday Disco Music <sup>15</sup> 11:15am Saturday Symphony & Stretch
10:30am Morning Sunday Music <sup>16</sup> 11:15am Worship Service HCC (Living word chapel) 1:00pm Independent Leisure Activities	10:30am Morning Move and Groove Life Enrichment <sup>17</sup> 2:15pm Monday Manicures & Music 4:00pm Bean Bag Toss	10:30am Bible Stories with Jim Reed (non-Denominational) <sup>18</sup> <b>2:30pm RESIDENTS COUNCIL</b> 4:00pm Music Mania from oldies but goodies & Mocktails	10:15am Story Time with Henry Vandor-Voort <sup>19</sup> <b>2:30pm Music with Bob Michalski</b> 4:00pm Woman's Month History	10:15am Woman's Month History <sup>20</sup> 10:30am Chair Yoga with Catherine <b>2:30pm Piano Music with Jim Koltuniak</b>	10:15am Morning Meditation <sup>21</sup> 10:30am Bible Stories with Jim Reed (Non-Denominational) <b>2:30pm BINGO</b> 3:30pm Snacks & Mocktails	10:30am Men's Program: GUY TALK <sup>22</sup> 11:15am Saturday Symphony & Stretch
10:30am Morning Sunday Music <sup>23</sup> 11:15am Worship Service HCC (Living word chapel) 1:00pm Independent Leisure Activities <b>3:00pm BINGO with White Rock</b>	10:30am Morning Move and Groove Life Enrichment <sup>24</sup> 2:15pm Monday Manicures & Music 4:00pm Try not to laugh with life enrichment: Squeaky Clean Comedy	10:30am Bible Stories with Jim Reed (non-Denominational) <sup>25</sup> 2:30pm Virtual Live concert: Pattie Labelle Live in NEWYORK 4:00pm Snack Social	10:15am Daily Chronicles & Coffee <sup>26</sup> 10:30am Tai Chi with Kevin 2:30pm Crafting Corner 3:00pm Woman's Month History	10:15am Woman's Month History <sup>27</sup> 10:30am Chair Yoga with Catherine <b>2:30pm BINGO with WINGS</b> 3:30pm Snacks & Mocktails	10:15am Morning Meditation <sup>28</sup> 10:30am Bible Stories with Jim Reed (Non-Denominational) 2:30pm Outdoor Activity	10:30am Saturday Morning Cartoon & Coffee <sup>29</sup> 11:15am Saturday Symphony & Stretch
10:30am Morning Sunday Music <sup>30</sup> 11:15am Worship Service HCC (Living word chapel) 1:00pm Independent Leisure Activities	10:30am Morning Move and Groove Life Enrichment <sup>31</sup> 2:15pm Monday Manicures & Music 4:00pm BIG OL BOWLNG	<h3>MARCH 2025</h3> <h2>Skilled Nursing &amp; Rehabilitation at the Heritage at Lowman</h2>				