

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

Skilled Nursing & Rehabilitation at the Heritage at Lowman

Additions, and Time Adjustments are Unavoidable to this Calendar. When Activities are not scheduled, independent and one on one opportunities are available. Activities are held in the Activity Room unless otherwise specified. Please Contact the **Life Enrichment Team: (803) 451-7447 if you have any question or concerns.**

<p>10:00am Morning Sunday Music ⁵</p> <p>11:15am Worship Service with Pastor Sue Johnson HCC (Living word chapel)</p> <p>1:00pm Independent Leisure Hallmark Movie (main Activities Room)</p>	<p>10:30am Morning Move and Groove Life Enrichment ⁶</p> <p>2:15pm Monday Manicures</p> <p>4:00pm Outburst Game</p>	<p>10:30am Bible Stories with Jim Reed (non-Denominational) ⁷</p> <p>2:30pm Full inspirational Hallmark Movie</p> <p>4:00pm Hot Topics Blank Slate</p>	<p>10:15am Daily Chronicles & Coffee ¹</p> <p>10:30am Virtual Chair Yoga</p> <p>2:30pm BINGO</p> <p>4:00pm Holiday Music Mania Social</p>	<p>10:15am Thankful Thursday ²</p> <p>10:45am Yoga with Catherine</p> <p>2:30pm Piano Music with Jim Koltuniak</p> <p>4:00pm Mocktail Social</p>	<p>10:15am Morning Meditation ³</p> <p>10:30am Bible Stories with Jim Reed (Non-Denominational)</p> <p>2:30pm Crafting Corner</p> <p>3:30pm Karaoke with the Claus</p>	<p>10:00am Story Time with Henry Vander Voort ⁴</p> <p>11:00am Saturday Symphony & Stretch</p> <p>Saturday Afternoon Brain Games Challenge</p>
<p>10:00am Morning Sunday Music ⁵</p> <p>11:15am Worship Service with Pastor Sue Johnson HCC (Living word chapel)</p> <p>1:00pm Independent Leisure Hallmark Movie (main Activities Room)</p>	<p>10:30am Morning Move and Groove Life Enrichment ⁶</p> <p>2:15pm Monday Manicures</p> <p>4:00pm Outburst Game</p>	<p>10:30am Bible Stories with Jim Reed (non-Denominational) ⁷</p> <p>2:30pm Full inspirational Hallmark Movie</p> <p>4:00pm Hot Topics Blank Slate</p>	<p>10:15am Daily Chronicles & Coffee ⁸</p> <p>10:30am Tai Chi with Kevin</p> <p>2:30pm Fiddler on the Roof LIVE</p> <p>3:00pm Mocktail & Social Hour</p>	<p>10:15am Thankful Thursday ⁹</p> <p>10:45am Yoga with Catherine</p> <p>2:30pm BINGO</p> <p>4:00pm AFV funny Babies</p> <p>5:00pm Dinner and A Movie (Unit Dayroom)</p>	<p>10:15am Morning Meditation ¹⁰</p> <p>10:30am Virtual Bible Stories with Jim Reed (Non-Denominational)</p> <p>2:15pm Crafting Corner</p> <p>4:00pm Bucket Ball & Social</p>	<p>10:00am Story Time with Henry Vander Voort ¹¹</p> <p>11:00am Saturday Symphony & Stretch</p> <p>Saturday Afternoon Brain Games Challenge</p>
<p>10:00am Morning Sunday Music ¹²</p> <p>11:15am Worship Service with Pastor Sue Johnson HCC (Living word chapel)</p> <p>1:00pm Independent Leisure Hallmark Movie (main Activities Room)</p>	<p>10:30am Morning Move and Groove Life Enrichment ¹³</p> <p>2:15pm Monday Manicures</p> <p>4:00pm Blank Slate</p>	<p>10:00am Moment of Prayer ¹⁴</p> <p>10:30am Bible Stories with Jim Reed (Non-Denominational)</p> <p>1:30pm Minute to Win It</p> <p>2:30pm Music with Tony Washington</p> <p>4:00pm Mocktail & Social Hour</p>	<p>10:15am Daily Chronicles & Coffee ¹⁵</p> <p>10:30am Tai Chi with Kevin</p> <p>2:30pm Blank Slate</p> <p>3:00pm Mocktail & Social Hour</p>	<p>10:15am Thankful Thursday ¹⁶</p> <p>10:45am Yoga with Catherine</p> <p>2:30pm BINGO</p> <p>4:00pm Classic Looney Tune Cartoons</p> <p>5:00pm Dinner and A Movie (Unit Dayroom)</p>	<p>10:15am Morning Meditation ¹⁷</p> <p>10:30am Bible Stories with Jim Reed (Non-Denominational)</p> <p>2:30pm Movie & Social</p> <p>3:30pm Bean Bag Toss</p>	<p>10:00am Story Time with Henry Vander Voort ¹⁸</p> <p>11:00am Saturday Symphony & Stretch</p> <p>Saturday Afternoon Brain Games Challenge</p>
<p>10:00am Morning Sunday Music ¹⁹</p> <p>11:15am Virtual Worship concert Colton Dixon (Living word chapel)</p> <p>1:00pm Independent Leisure Hallmark Movie (main Activities Room)</p>	<p>10:30am Morning Move and Groove Life Enrichment ²⁰</p> <p>2:15pm Monday Manicures</p> <p>4:00pm Outburst Game</p>	<p>10:30am Bible Stories with Jim Reed (Non-Denominational) ²¹</p> <p>1:30pm Funny Short film</p> <p>2:30pm RESIDENTS COUNCIL</p> <p>4:00pm Music and Mocktail</p>	<p>10:15am Daily Chronicles & Coffee ²²</p> <p>10:30am Tai Chi with Kevin</p> <p>2:30pm The King and I Movie</p> <p>3:00pm Music & Social Hour</p>	<p>10:15am Thankful Thursday ²³</p> <p>10:45am Yoga with Catherine</p> <p>2:30pm BINGO With Wings</p> <p>4:00pm AFV funny Animals</p> <p>5:00pm Dinner and A Movie (Unit Dayroom)</p>	<p>10:15am Morning Meditation ²⁴</p> <p>10:30am Bible Stories with Jim Reed (Non-Denominational)</p> <p>2:30pm Gene Kelly's Singing in the Rain</p> <p>3:30pm Bean Bag Toss</p>	<p>10:00am Story Time with Henry Vander Voort ²⁵</p> <p>11:00am Saturday Symphony & Stretch</p> <p>Saturday Afternoon Brain Games Challenge</p>
<p>10:00am Morning Sunday Music ²⁶</p> <p>11:15am Worship Service (Living word chapel)</p> <p>3:00pm BINGO with White Rock</p>	<p>10:30am Morning Move and Groove Life Enrichment ²⁷</p> <p>2:15pm Monday Manicures</p> <p>4:00pm Mocktail and Music Social</p>	<p>10:30am Bible Stories with Jim Reed (non-Denominational) ²⁸</p> <p>2:30pm Music with Bob Michalski</p> <p>4:00pm Family Feud Rounds</p>	<p>10:15am Daily Chronicles & Coffee ²⁹</p> <p>10:30am Tai Chi with Kevin</p> <p>2:30pm Jeopardy Game</p> <p>3:00pm Mocktail & Social Hour</p>	<p>10:15am Thankful Thursday ³⁰</p> <p>10:45am Yoga with Catherine</p> <p>2:30pm Bean Bag Toss</p> <p>4:00pm AFV funny Animals</p> <p>5:00pm Dinner and A Movie (Unit Dayroom)</p>	<p>10:15am Morning Meditation ³¹</p> <p>10:30am Bible Stories with Jim Reed (Non-Denominational)</p> <p>2:30pm Virtual Concert: Simply Red</p> <p>3:30pm Bean Bag Toss</p>	<p>10:00am Story Time with Henry Vander Voort</p> <p>11:00am Saturday Symphony & Stretch</p> <p>Saturday Afternoon Brain Games Challenge</p>